



4 Plants To Have In Your Home
To Make You Happier
Part 2

2. Peace Lily



The Peace Lily is a beautiful plant that is easy to care for and produces amazing flowers. Situated on the top of NASA's list of all around do-gooder greens, not only are Peace Lilies easy on the eyes, they're also incredibly good at detoxifying the air of benzene, formaldehyde, trichloroethylene, and ammonia. A great place to keep a Peace Lily is in your bedroom, where its toxin-destroying powers will be put to good use.

Peace Lilies are one of the easiest plants to care for, just keep them well watered and fertilize every 6 - 8 weeks!

3. Philodendron

Known for their exquisite flowering leaves and bold aesthetics, Philodendrons make a beautiful statement in any room. Like Peace Lilies, they also absorb high levels of formaldehyde from the air.

Philodendrons require a warm spot with plenty of bright, indirect sunlight. Water them regularly, but be sure to allow the top layer of soil to dry out in-between drinks.



4. Spider Plant



As one of the most popular indoor botanicals, not only do Spider Plants look great, they're also incredibly easy to care for. Spider plants are especially good at absorbing mold and allergens from the air and can be put to good use in areas that are prone to dampness such as bathrooms and laundries.

The only things you need to consider when caring for a Spider Plant is keeping the soil moist and fertilizing once every 2 months.

Hot Tip:

Every few weeks, take your indoor plants outside to a naturally shady position, maybe under another tree in your garden, and leave them for a few hours to absorb some fresh air and naturally filtered sunlight!

Farming Secrets says: Our Wellbeing Is Our Most Important Asset

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