



**10 Of The Most Powerful All-Natural
Antibiotics Known To Man**
Part 2

Oregano Essential Oil

Oregano oil aids digestion and weight loss and the oil in oregano, Carvacrol, is a natural antimicrobial that can fight bacteria that cause infections as well as combat Candida overgrowth. It is the first supplement you should reach for when you develop a cold or flu. Make sure you dilute it properly in either water or carrier oil and only take the recommended daily dosage!

Apple Cider Vinegar

Apple cider vinegar has antibiotic, anti-fungal, and antiseptic properties that can naturally alkalize your body, which can help prevent or fight cancer in some cases. It can also combat heartburn, manage weight, and lower cholesterol. It can also be used as a sterilizer or disinfectant; when used topically, or can be a delicious addition to salads and other recipes!

Raw Honey

Honey is another excellent natural source of “antibiotics,” as the enzyme found in honey releases hydrogen peroxide, making it perfect for naturally treating wounds and preventing infection. It is crucial that you purchase raw, unpasteurized, and preferably organic honey. Honey can also alleviate digestive issues, colds, and sore throats.

Garlic

Garlic is excellent at fighting the common cold. The allicin in it protects against yeast, parasites, bacteria, Candida, and more. It has a variety of antimicrobial activities.

Colloidal Silver

This natural antibiotic has been used for centuries, known to cure many severe throat infections. Colloidal silver is a mixture of silver particles suspended in fluid. But since silver, a heavy metal, can be toxic, it can be used to stop the enzymes that single-cell bacteria need in order to multiply.

Ginger Extract

Ginger is a natural antibiotic and anti-bacterial. It’s also used for other medicinal purposes such as curing colds, nausea, asthma, colic, heart palpitations, swelling, and stomach aches.

Onion Extract

Onion holds antibacterial properties and can quite literally suck illness, sickness, and toxins right out of the body. A few cut open onions in a house will remove tons of bacteria up from your living space!

Horseradish Root

Horseradish root contains isothiocyanates (ITCs), which hold antibacterial properties. The oil that causes the stronger taste of horseradish (as well as mustard and wasabi) is called allyl isothiocyanate, or mustard oil, which is a proven antimicrobial against a number of pathogens.

Habanero Peppers

Well-known for being one of the spiciest peppers, but they’re also known for their antibacterial properties. In fact, you can even just use Habanero chili sauces to fight against bacteria.

***Soil Lovers say: So, Next Time Your Doctor Prescribes You Antibiotics, Perhaps
Inquire About Some Of These Natural Remedies First!***

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