



Thought For The Month



10 Tools To Heal Humanity

1. Find gratitude for the present moment
2. Make a ritual out of meditation, both when in crisis and when at peace
3. Accept responsibility for your own behavior, language, actions, and existence
4. Allow yourself to be yourself and accept who you are with kindness
5. Focus on creating what you want and it will manifest; don't be anti anything
6. Reconnect with nature to find your own beauty
7. Recognize your connection to everyone and everything at all times; you are never truly isolated
8. Forgive yourself and others; accept that nothing is against you and no one is opposed to you
9. Behave in a place of love and set that example for everyone else
10. Join together in community, spreading love and dissolving fear

It all begins with you.

- Zach Bush

Soil Lovers say: It Is Time To Reconnect To Ourselves, Nature, And Our Perfect Journey.

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