



Thought For The Month



**“Man sacrifices his health in order to make money.
Then he sacrifices his money to recuperate his health.
And then he is so anxious about the future that he does not
enjoy the present;
the result being that he does not live in the present or the
future;
he lives as if he is never going to die, and then dies having
never really lived.”**

- Dalai Lama

*Soil Lovers say: **Health Comes First***

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